



CALENDRIER 2009-2010

| décembre-09 | | janvier-10 | | février-10 | | mars-10 | | avril-10 | | mai-10 | | juin-10 | | juillet-10 | | août-10 | | |
|-------------|---------------------|------------|--------------------------|--------------------------|--------------------------------|--------------------------|---|---------------------------------|---|--------|---|--|---|---|---|--|--|--|
| M 1 | | V 1 | Fermeture annuelle | L 1 | | L 1 | | J 1 | | S 1 | Coupe de France MAIF (BOURGES) | M 1 | Ecole Grangette 16h30-17h45 | J 1 | | D 1 | | |
| Me 2 | | S 2 | | | M 2 | Ecole Morillon 16h-17h45 | M 2 | Ecole Vongy 16-18 | V 2 | | D 2 | Regate Amcey le Vieux | Me 2 | | V 2 | Championnats de France Cadets et Juniors Bateaux Longs (VICHY) | L 2 | |
| J 3 | | D 3 | | | Me 3 | | Me 3 | | S 3 | | L 3 | | J 3 | | S 3 | | M 3 | |
| V 4 | Assemblée Générale | L 4 | | J 4 | | J 4 | | D 4 | | M 4 | Ecole Grangette 16h30-17h45 | V 4 | | D 4 | | Me 4 | Championnats du Monde Junior RACICE (République Tchèque) | |
| S 5 | | M 5 | Ecole Morillon 16h-17h45 | V 5 | | V 5 | Regate inter-club (Sevrier) B. M. C | L 5 | | Me 5 | | S 5 | Entraînement contrôlé (club ou Montriond) | L 5 | | J 5 | | |
| D 6 | | Me 6 | | S 6 | Test ergomètre | S 6 | | M 6 | Ecole Vongy 16-18 | J 6 | | D 6 | | M 6 | | V 6 | | |
| L 7 | | J 7 | | D 7 | | D 7 | | Me 7 | | V 7 | | L 7 | | Me 7 | | S 7 | | |
| M 8 | | V 8 | | L 8 | | L 8 | | J 8 | | S 8 | Regate de Savoie (Aiguebelette) M.C.J.S | M 8 | Ecole Grangette 16h30-17h45 | J 8 | | D 8 | Fête du Sanvetage Saint-Ginoulph | |
| Me 9 | | S 9 | | M 9 | Ecole Morillon 16h-17h45 | M 9 | | V 9 | | D 9 | | Me 9 | | V 9 | | L 9 | | |
| J 10 | | D 10 | | Me 10 | | Me 10 | | S 10 | Chpt de Zone BC J.S (Aiguebelette) | L 10 | | J 10 | | S 10 | Critérium National Senior, Vétérans et Handi-Aviron (MANTES LA JOLIE) | M 10 | | |
| V 11 | | L 11 | | J 11 | | J 11 | | D 11 | | M 11 | Ecole Grangette 16h30-17h45 | V 11 | | D 11 | | Me 11 | | |
| S 12 | Test ergomètre | M 12 | Ecole Morillon 16h-17h45 | V 12 | | V 12 | | L 12 | Stage club (Ile Chambod) M.C.J.S | Me 12 | | S 12 | Championnat de Zone BL M.C.J (Aiguebelette) | L 12 | | J 12 | | |
| D 13 | Test footing | Me 13 | | S 13 | | S 13 | | M 13 | | | J 13 | Challenges jeunes rameurs (Talloires) | D 13 | | M 13 | | V 13 | |
| L 14 | | J 14 | | D 14 | TDR Ligue (Décines) M. C. J. S | D 14 | TDR Inter (Marignane) J. S | Me 14 | | | V 14 | | L 14 | | Me 14 | | S 14 | |
| M 15 | | V 15 | | L 15 | | L 15 | | J 15 | | S 15 | | M 15 | Ecole Grangette 16h30-17h45 | J 15 | | D 15 | | |
| Me 16 | | S 16 | Stage club (THONON) | M 16 | | M 16 | Ecole Vongy 16-18 | V 16 | | D 16 | | Me 16 | | V 16 | | L 16 | | |
| J 17 | | D 17 | | Me 17 | | Me 17 | | S 17 | | L 17 | Scolaires 9-11h (club) ??? | J 17 | | S 17 | Regate Montriond | M 17 | | |
| V 18 | | L 18 | | J 18 | | J 18 | | D 18 | | M 18 | | | V 18 | | D 18 | | Me 18 | |
| S 19 | | M 19 | Ecole Morillon 16h-17h45 | V 19 | | V 19 | | L 19 | | Me 19 | | S 19 | | L 19 | | J 19 | | |
| D 20 | Stage club (THONON) | Me 20 | | S 20 | | S 20 | Clubs RA (Aiguebelette) Cad AG FFSA Libramé | M 20 | | V 20 | | D 20 | | M 20 | | V 20 | | |
| L 21 | | | J 21 | | D 21 | | D 21 | Coupe RA (Aiguebelette) B.M.J.S | Me 21 | | V 21 | | S 21 | | M 21 | | S 21 | |
| M 22 | | | V 22 | | L 22 | | L 22 | | J 22 | | S 22 | Stage club (Ile Chambod ou Massigneux) | M 22 | Ecole Grangette 16h30-17h45 | J 22 | | D 22 | |
| Me 23 | | S 23 | | M 23 | Stage club (THONON) | M 23 | Ecole Vongy 16-18 | V 23 | Championnats de France BC Juniors/Seniors (CAZUBON) | D 23 | | Me 23 | | V 23 | Championnats du Monde des moins de 23 ans BREST (Bidarossie) | L 23 | | |
| J 24 | Fermeture annuelle | D 24 | | Me 24 | | Me 24 | | S 24 | | L 24 | | J 24 | | S 24 | | M 24 | | |
| V 25 | | | L 25 | | J 25 | | J 25 | | D 25 | | M 25 | Scolaires 9-11h (club) ??? | V 25 | Championnats de France Mimmes et Seniors Bateaux Longs (LE CREUSOT) | D 25 | | Me 25 | |
| S 26 | | | M 26 | Ecole Morillon 16h-17h45 | V 26 | | V 26 | | L 26 | | Me 26 | | S 26 | | L 26 | | J 26 | |
| D 27 | | Me 27 | | S 27 | | S 27 | Regate (Chambery) M. C. J | M 27 | Ecole Grangette 16h30-17h45 | J 27 | | D 27 | | M 27 | | V 27 | | |
| L 28 | | J 28 | | D 28 | | D 28 | | Me 28 | | V 28 | | L 28 | | Me 28 | | S 28 | | |
| M 29 | | V 29 | | L 29 | | L 29 | | J 29 | | S 29 | Traversée du Lac (nuban bleu) Lausanne Thonon | M 29 | Fête du nautisme THONON | J 29 | | D 29 | | |
| Me 30 | | S 30 | | M 30 | | M 30 | Ecole Vongy 16-18 | V 30 | | D 30 | | Me 30 | | V 30 | | L 30 | | |
| J 31 | | D 31 | | Me 31 | | Me 31 | | | | L 31 | | | | S 31 | Sprint Cup GENEVE | M 31 | | |

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| Formations, Scolaires | Manifestation club | Regate Interrégionale | Regate officielle Ligue | Regate Nationale | Regate Internationale | Stages-regroupements Ligue | Vacances scolaires |
|-----------------------|--------------------|-----------------------|-------------------------|------------------|-----------------------|----------------------------|--------------------|